

mr. date night

PRESS RELEASE



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LET MR. DATE NIGHT HELP YOU PLAN YOUR NEXT DINNER DATE AND SERENADE YOUR DATE TOO

Unique new and entertaining dating guide, cookbook hybrid combined with fabulous new CD titled *Unwind*  help couples across the nation enjoy successful dinner dates

May 1, 2011, Sacramento, Calif. – Dating in the 21st century — it's not like it used to be. First young professional and even older folks are facing economic hardships brought on by this never-ending recession and often joblessness or low-paying jobs. Expensive and extravagant dates aren't in many people's budgets. Then there are those singles that prefer to stay in — the nightlife isn't for them. Either way, many guys are courting their gals by inviting them to dinner — at home, because that is an economical alternative to a five-star restaurant. But why discount a homemade dinner as nothing special? Why not make your next at-home date night the most romantic, intoxicating date ever? Well now you can with a little help from the dating expert known as *Mr. Date Night*.

Mr. Date Night is a fresh, funny and entertaining dinner-dating guide and cookbook hybrid that comes complete with a romantic CD a la classic Wyndham Hill Records all written by musician and new author Cary Farley, who also released the CD *Goodnight*, another romantic and beautifully orchestrated CD available through Farley's website. *Mr. Date Night* is a single person's essential "recipe" for creating a warm, romantic and enticing ambiance along with the perfect meal to woo the opposite sex. Not only does the book offer witty, entertaining and humorous advice on how to set up different kinds of dinner-date scenarios, from picnics to dates that involve children and from proposals to breakups; the book also features dozens of unique, tasty and nutritious dinner recipes including drink and appetizer suggestions. It doesn't leave anyone hanging and also provides "essential" tips and tricks to create the right ambiance. And then tops off this information by adding in a fantastic new CD also written by Farley titled *Unwind*. 

“I have been single, married and single again,” said Farley. “I think my single experience plus my interest in nutrition and food makes me the perfect person to create this ‘recipe’ for the perfect dinner date. I then add in my first love music and provide the *Unwind* CD 🎸 to ensure the most romantic dinner date ever.”

“Cary Farley serves up a delicious blend of dating tips and delightful recipes, guaranteed to woo the gal (and even the guy) in your life. *Mr. Date Night* is the ultimate guide to the art of seduction,” said Cindy Sample, author of *Dying for a Date*.

Mr. Date Night will be available for \$24.95 in major bookstores by summer 2011, can be purchase on Amazon, on Farley’s website at www.caryfarley.com, or on the 3L Publishing website at www.3LPublishing.com. For more information, or to request a review copy, please send an email to info@3LPublishing.com.

